



# Blue Valley Farm Show 5K

## Sponsored by Multisport Fitness



MSFgym.com

Date: August 19, 2017

Time: 5:00 P.M.

Fee: \$10.00 – Pre-entry (no shirt)  
 \$18.00 – Pre-entry (with shirt)  
 \$12.00 – Post – entry (no shirt) After 7/31



Mail to: Melissa Koehler, PO Box 70 Bangor, Pa 18013  
 Make checks payable to: Blue Valley Farm Show 5K  
 After July 31<sup>st</sup>, call 610-498-2280

Start: Fairgrounds, 707 American Bangor Road Route 512, Between Bangor & Pen Argyl

Awards:	Men:	8 & Under	3	Women:	8 & Under	3
		9 – 11	3		9 – 11	3
		12 – 14	3		12 – 14	3
		15 – 17	3		15 – 17	3
		18 – 29	3		18 – 29	3
		30 – 39	3		30 – 39	3
		40 – 49	3		40 – 49	3
		50 – 59	3		50 – 59	3
		60 – 69	3		60 – 69	3
		70 & Over	3		70 & Over	3
	Overall Male Winner		1	Overall Female Winner		1

Information: 610-498-2280  
 There will be No Duplication of Awards  
 Hope to see you at the fair!!  
 Bring the family  
 Enjoy the food, rides and entertainment

Please enter me in the Blue Valley Farm Show 5K August 19, 2017. In consideration of this entry being accepted I, to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the organization holding this event, its agents, representatives, successors and assigns, for any and all injuries suffered by me, claims for damages or losses at said event. It is my further declaration that I consider myself to be in excellent physical health and that I have had sufficient training so as to be in such physical condition that will enable me to participate in and complete the race. I assume all risks associated with running in the event including, but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, traffic and conditions of the road, all such risks being known and appreciated by me.

This form must be signed by a parent or guardian if applicant is under 18.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Signature: \_\_\_\_\_

(Adult entrants, Parent or Guardian)

Shirt Size (Circle One) Youth L Youth XL Adult S Adult M Adult L Adult XL